## **RUSTIK SENIORS and SINGLE SERVE MENU** (FOR DELIVERY or PICK-UP)

## Week starting 13th May – 19th May 2024

Name:	Phone:
WHICH DAY WOULD YOU LIKE YOUR MEALS?	Delivery address:
Tuesday Wednesday Thursday Friday	
LOCAL DELIVERY Tuesday/Thursday only \$8-	
\$15 depending on your distance from our	
stores.	
or FREE PICK UP	
Please let us know if you have any special	
considerations. Would you like us to leave the	Price: Delivery:
goods at your door?	, <u> </u>
,	Total:

## **HOW TO ORDER?**

- EMAIL send to info@rustikcatering.com.au8
- Online on our Website www.rustikcatering.com.au
- **OVER THE PHONE 95802492.** You may choose to fill out this form and read it to us over the phone. You can also pay via card over the phone.
- IN PERSON You can also fill out this form and hand it into us at Rustik food store.
- We Deliver Tuesday and Thursday. Please note that the minimum spend for delivery is \$50

Item	Qty	Item	Qty
Chicken and Vegetables Soup (Gluten and		Roast Beef with Roast vegetables &	
Dairy Free) \$12		GF gravy (Gluten Free) \$17	
Roast Pumpkin Soup (Vegan and Gluten		Roast Pumpkin, Spinach and Cherry Tomato Risotto	
Free) \$12		\$15	
Indian Spiced Potato and Cauliflower Dry		Chicken Parmigiana w/ Garden Salad \$15	
Curry w/ Rice and Vegetables (Vegan,			
Gluten Free) \$15			
Thai Red Vegan Curry w/ Tofu w/ Rice and		Satay Chicken Stir Fry w/ Rice and Vegetables \$15	
Vegetables (Vegan and Gluten Free) \$15			
Thai Red Chicken Curry w/ Rice and		Nasi Goreng Chicken Fried Rice \$15	
Vegetables (Gluten and Dairy Free) \$15			
Homestyle Chicken Curry w/ Rice and		Lamb Shepard's Pie (Gluten Free) \$16	
Vegetables (Gluten Free) \$15			
Beef Bourguignon w/ Mash and Vegetables		Red Chat Potato, Bacon and Parmesan Salad w/	
(Gluten Free) \$16		Sweet Mustard Dressing (Gluten Free) \$9	
Irish Lamb Stew w/ Mash and Vegetables		Mexican Salad w/ Mix Beans, Corn, Cherry Tomato,	
\$16		Red Onion and Chipotle Maylo (Gluten Free) \$9	
Swedish Meatballs in Creamy Cranberry		Vanilla Custard <b>\$6.5</b>	
Sauce w/ Mash and Vegetables (Gluten			
Free) \$15			
Lemon Tart \$5.5		Tiramisu <b>\$8.5</b>	